

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 :42667 - ServingDate: 04/01/2024								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	600.00	36.00	23.00
Cheeseburger - OKR2028 (1 burger)	25	335.00	14.50	6.00	0.00	595.00	33.00	21.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	640.00	46.00	21.00
Grilled Cheese Sandwich - OKR1970 (1 sandwich)	10	300.00	19.00	10.00	0.00	654.99	19.00	13.00
Hamburger - OKR2027 (1 burger)	5	280.00	10.00	3.50	0.00	460.00	32.00	19.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	550.20	45.01	20.01
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/02/2024								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/02/2024								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.92	0.04	0.01	0.00	95.64	1.84	0.31
SY23-24_FE_Everyday Pizza_SY23-24 Pizza-T4/FoodiE-CORE - BDs D3 :42644 - ServingDate: 04/03/2024								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	15	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR2081 (1 slice)	40	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Pepperoni Pizza - SR2084 (1 slice)	35	434.67	19.20	8.20	0.00	554.67	43.19	20.60
Supreme Pizza - SR2085 (1 slice)	10	448.25	20.00	8.43	0.04	575.11	44.17	21.29
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crispy Panko Broccoli and Cauliflower - SR1227 (1/2 c.)	35	117.06	9.12	1.22	0.01	74.45	8.23	2.44
Garden Side Salad - SR1429 (1 c.)	35	20.07	0.13	0.02	0.00	25.59	4.25	1.10

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Pizza_SY23-24 Pizza-T4/FoodiE-CORE - BDs D3 :42644 - ServingDate: 04/03/2024								
Spaghetti Sauce - SR2220 (1/4 c.)	15	32.36	0.25	0.03	0.00	129.82	6.67	1.04
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/04/2024								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.92	0.04	0.01	0.00	95.64	1.84	0.31
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 :42667 - ServingDate: 04/08/2024								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	600.00	36.00	23.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 :42667 - ServingDate: 04/08/2024								
Cheeseburger - OKR2028 (1 burger)	25	335.00	14.50	6.00	0.00	595.00	33.00	21.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	640.00	46.00	21.00
Grilled Cheese Sandwich - OKR1970 (1 sandwich)	10	300.00	19.00	10.00	0.00	654.99	19.00	13.00
Hamburger - OKR2027 (1 burger)	5	280.00	10.00	3.50	0.00	460.00	32.00	19.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	550.20	45.01	20.01
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/09/2024								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/09/2024								
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.92	0.04	0.01	0.00	95.64	1.84	0.31
SY23-24_FE_Everyday Pizza_SY23-24 Pizza-T4/FoodiE-CORE - BDs D3 :42644 - ServingDate: 04/10/2024								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	15	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR2081 (1 slice)	40	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Pepperoni Pizza - SR2084 (1 slice)	35	434.67	19.20	8.20	0.00	554.67	43.19	20.60
Supreme Pizza - SR2085 (1 slice)	10	448.25	20.00	8.43	0.04	575.11	44.17	21.29
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crispy Panko Broccoli and Cauliflower - SR1227 (1/2 c.)	35	117.06	9.12	1.22	0.01	74.45	8.23	2.44
Garden Side Salad - SR1429 (1 c.)	35	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Spaghetti Sauce - SR2220 (1/4 c.)	15	32.36	0.25	0.03	0.00	129.82	6.67	1.04

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SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/11/2024								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.92	0.04	0.01	0.00	95.64	1.84	0.31
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 :42667 - ServingDate: 04/12/2024								
Bacon Cheeseburger - OKR2025 (1 ea.)	25	352.23	16.05	6.70	0.00	786.21	32.74	23.20
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	600.00	36.00	23.00
Cheeseburger - OKR2028 (1 burger)	15	335.00	14.50	6.00	0.00	595.00	33.00	21.50
Chicken Burger - OKR1124 (1 burger)	20	400.00	16.00	2.50	0.00	640.00	46.00	21.00
Hamburger - OKR2027 (1 burger)	5	280.00	10.00	3.50	0.00	460.00	32.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23- 24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 :42667 - ServingDate: 04/12/2024								
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	550.20	45.01	20.01
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23- 24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 :42667 - ServingDate: 04/15/2024								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	600.00	36.00	23.00
Cheeseburger - OKR2028 (1 burger)	25	335.00	14.50	6.00	0.00	595.00	33.00	21.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	640.00	46.00	21.00
Grilled Cheese Sandwich - OKR1970 (1 sandwich)	10	300.00	19.00	10.00	0.00	654.99	19.00	13.00
Hamburger - OKR2027 (1 burger)	5	280.00	10.00	3.50	0.00	460.00	32.00	19.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	550.20	45.01	20.01

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 :42667 - ServingDate: 04/15/2024								
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/16/2024								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95

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SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/16/2024								
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.92	0.04	0.01	0.00	95.64	1.84	0.31
SY23-24_FE_Everyday Pizza_SY23-24 Pizza-T4/FoodiE-CORE - BDs D3 :42644 - ServingDate: 04/17/2024								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	15	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR2081 (1 slice)	40	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Pepperoni Pizza - SR2084 (1 slice)	35	434.67	19.20	8.20	0.00	554.67	43.19	20.60
Supreme Pizza - SR2085 (1 slice)	10	448.25	20.00	8.43	0.04	575.11	44.17	21.29
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crispy Panko Broccoli and Cauliflower - SR1227 (1/2 c.)	35	117.06	9.12	1.22	0.01	74.45	8.23	2.44
Garden Side Salad - SR1429 (1 c.)	35	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Spaghetti Sauce - SR2220 (1/4 c.)	15	32.36	0.25	0.03	0.00	129.82	6.67	1.04
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/18/2024								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/18/2024								
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.92	0.04	0.01	0.00	95.64	1.84	0.31
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 :42667 - ServingDate: 04/22/2024								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	600.00	36.00	23.00
Cheeseburger - OKR2028 (1 burger)	25	335.00	14.50	6.00	0.00	595.00	33.00	21.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	640.00	46.00	21.00
Grilled Cheese Sandwich - OKR1970 (1 sandwich)	10	300.00	19.00	10.00	0.00	654.99	19.00	13.00
Hamburger - OKR2027 (1 burger)	5	280.00	10.00	3.50	0.00	460.00	32.00	19.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 :42667 - ServingDate: 04/22/2024								
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	550.20	45.01	20.01
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/23/2024								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/23/2024								
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.92	0.04	0.01	0.00	95.64	1.84	0.31
SY23-24_FE_Everyday Pizza_SY23-24 Pizza-T4/FoodiE-CORE - BDs D3 :42644 - ServingDate: 04/24/2024								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	15	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR2081 (1 slice)	40	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Pepperoni Pizza - SR2084 (1 slice)	35	434.67	19.20	8.20	0.00	554.67	43.19	20.60
Supreme Pizza - SR2085 (1 slice)	10	448.25	20.00	8.43	0.04	575.11	44.17	21.29
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crispy Panko Broccoli and Cauliflower - SR1227 (1/2 c.)	35	117.06	9.12	1.22	0.01	74.45	8.23	2.44
Garden Side Salad - SR1429 (1 c.)	35	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Spaghetti Sauce - SR2220 (1/4 c.)	15	32.36	0.25	0.03	0.00	129.82	6.67	1.04
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/25/2024								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/25/2024								
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.92	0.04	0.01	0.00	95.64	1.84	0.31
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 :42667 - ServingDate: 04/26/2024								
Bacon Cheeseburger - OKR2025 (1 ea.)	25	352.23	16.05	6.70	0.00	786.21	32.74	23.20
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	600.00	36.00	23.00
Cheeseburger - OKR2028 (1 burger)	15	335.00	14.50	6.00	0.00	595.00	33.00	21.50
Chicken Burger - OKR1124 (1 burger)	20	400.00	16.00	2.50	0.00	640.00	46.00	21.00
Hamburger - OKR2027 (1 burger)	5	280.00	10.00	3.50	0.00	460.00	32.00	19.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	550.20	45.01	20.01

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 :42667 - ServingDate: 04/26/2024								
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 :42667 - ServingDate: 04/29/2024								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	600.00	36.00	23.00
Cheeseburger - OKR2028 (1 burger)	25	335.00	14.50	6.00	0.00	595.00	33.00	21.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	640.00	46.00	21.00
Grilled Cheese Sandwich - OKR1970 (1 sandwich)	10	300.00	19.00	10.00	0.00	654.99	19.00	13.00
Hamburger - OKR2027 (1 burger)	5	280.00	10.00	3.50	0.00	460.00	32.00	19.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	550.20	45.01	20.01
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Grill_SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 :42667 - ServingDate: 04/29/2024								
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/30/2024								
Tortilla Chips - SR1065 (1 1/2 oz.)	100	154.64	6.63	1.10	0.00	127.02	22.09	2.21
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	82.31	13.82	5.18
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Queso Blanco Sauce - SR1068 (1/4 c.)	60	122.00	10.00	5.60	0.00	436.99	1.00	7.00
Fajita Chicken - SR2529 (1/3 c.)	20	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR3906 (3 tbsp.)	50	57.03	2.52	0.91	0.00	149.40	2.52	6.56
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	84.80	13.73	3.95
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Junior High
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Everyday Selects_SY23-24 Taste4/FoodiE - Nacho - MTO :42667 - ServingDate: 04/30/2024								
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Salsa Roja - SR1081 (2 tbsp.)	50	8.92	0.04	0.01	0.00	95.64	1.84	0.31

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: FoodiE Cafe
 Menu Line: FE-Everyday Selects (Grill/Nacho/Pizza conv)
 Serving Group: 6-8
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.